

ALL TEEN POLITICS: GUIDE TO CALLING A LEGISLATOR

STEPS

IDENTIFY YOUR ISSUE

DO THE ADEQUATE RESEARCH

FIGURE OUT WHO YOUR LEGISLATOR IS (KNOW WHO YOU WILL CALL) - THIS IS WHY RESEARCH IS SO IMPORTANT

- GO TO THE ALL TEEN POLITICS RESOURCE PAGE AND CLICK THE LINK TO FIND YOUR REPRESENTATIVES
- YOU THEN NEED TO KNOW IF THIS ISSUE PERTAINS TO STATE OR FEDERAL POLICY
 - IF IT PERTAINS TO ONLY YOUR STATE OR COMMUNITY, CALL STATE REPRESENTATIVES
 - IF IT PERTAINS TO NATIONAL POLICY, CALL YOUR NATIONAL REPRESENTATIVES

COPY DOWN THE PHONE NUMBER GIVEN ON THE SITE

- IT IS MORE THAN LIKELY THAT YOU WILL NOT TALK TO THE REPRESENTATIVE, BUT RATHER AN OFFICE WORKER (THIS IS IMPORTANT TO REMEMBER WHEN SPEAKING TO THE PERSON)

HAVE A GENERAL IDEA WHAT YOU ARE GOING TO SAY - YOU MIGHT FIND A SCRIPT HELPFUL

- TAKE A LOOK AT THE OTHER HANDOUTS TO SEE SOME EXAMPLES
- YOU CAN ALSO LOOK UP EXAMPLES OF SCRIPTS
- YOU COULD EVEN HAVE AI GENERATE A SCRIPT - YOU CAN USE THIS IF YOU NEED MORE DIRECTION OR IF YOU NEED TO BE MORE SPECIFIC
- JUST MAKE SURE THE SCRIPT IS TRUE TO YOU - MAKE ADJUSTMENTS AS NECESSARY

MAKE THE CALL AND REMEMBER THESE FOUR THINGS

- THIS IS JUST A PHONE CALL, AND THESE ARE JUST PEOPLE - AKA DON'T STRESS
- IT IS THEIR JOB TO LISTEN TO YOU
- BE RESPECTFUL OF THE PEOPLE ON THE PHONE AND MAKE SURE TO THANK THEM FOR THEIR TIME
- KNOW THAT BY DOING THIS YOU ARE BEING AN ENGAGED CITIZEN - YOU SHOULD BE PROUD OF YOURSELF FOR STANDING UP FOR YOURSELF AND OTHERS, AND FOR TAKING THE TIME OUT OF YOUR DAY TO DO THIS